

North Edmonton Family Day Home Agency Educator News January 2020



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Happy New Year

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2020 Statutory Holidays

Wednesday January 1 New Years Day	Monday July 1 Canada Day
Wednesday February 17 Family Day	Monday September 7 Labor Day
Friday April 10 Good Friday	Monday October 12 Thanksgiving Day
Monday May 18 Victoria Day	Wednesday November 11 Remembrance Day

If you plan to take additional days off, you need to let families know in writing, at least two weeks in advance, of your planned absence. This allows back up care to be arranged.

***It's not too late to register . . .
There is still time to participate or just come and
enjoy celebrating, learning about and tasting
our many cultures.***



A Taste of NEFDHA Educator Pot Luck Promoting Cultural & Diversity!

Date: Saturday January 4, 2020
11:00 AM- 1:00 PM

Location: Woodcroft Community Centre
13915 - 115 Ave.

To Register Call the office at 780-478-3376

***We encourage you to wear your traditional
clothing!***



Tax letters will be brought out in February.

January Consultant Visit

- This month consultants will be completing the Government Consultant Checklist.
- Educators will need to have ready a COPY of the Home Storage and Organization training that was brought out in November. Plans need to be detailed and have completion target dates identified.
- If you have not already done so please have a copy of your daily schedule ready for your consultant.
- Training - Setting up you Play Spaces - Educators will evaluate their play spaces and add equipment or materials to enhance play spaces. Arrangement of furniture is important to evaluate. Documentation of changes made will be collected at your Feb. 2020, visit.



Quoting Fees

When you are the first contact with a parent it is important when asked about your child care fee, that you quote the full fee.

The full fee includes your fee plus the administration fee.

Your Fee \$ _____ +

Administrative Fee \$ _____

= Full Fee \$ (Please quote this fee)



Please send in your June – Dec 2019,
Safety and Cleaning Check List with your time sheet.

When sending paper work into the
office. Please ensure your name is on it.

The Joy Of Outdoor Play

Did you know that getting outside in winter could have an impact on a child's health, development and well-being?

What materials do you have in your outside environment?

SEEING THE OUTDOORS THROUGH A NEW LENS.

During the summer months, children get used to the warm weather and green environment. After the change in season or the first snowfall, children view their environment through a different lens: fallen leaves, brown grass, snow, and ice. This new lens enables them to imagine the outdoors in different ways, and to be creative in their play.

UPPING EXERCISE AND USING DIFFERENT MUSCLES.

The winter months provide children with the opportunity to move their bodies in a different way. A child's larger muscles are put to great use in the winter months due to the challenges that snow provides. Sledding, skiing, skating, walking up a slippery hill or in deep snow demands we move differently than we do in the summer months. The large-muscle use and increase in physical activity supports children's gross motor development and overall health.

GETTING FRESH AIR AND AVOIDING BACTERIA. A lot

of people still associate the winter months with getting sick due to the cold weather. They also believe that the cold or getting cold causes colds and flus. Getting sick is mainly due to the increased exposure to the indoor environment where bacteria and viruses live. Those who spend long periods of time in a heated and poorly ventilated home, without exposure to fresh air, can easily pass germs to one another.

VITAMIN D EXPOSURE. When children stay indoors during the winter, they are missing out on the necessary vitamins the outdoor environment provides. Children get vitamin D through sun exposure, and absorb it even though the sun is not as warm in the winter. Vitamin D helps regulate moods and emotions by increasing serotonin levels in the brain.

NEW CHALLENGES AND PROBLEM-

SOLVING. Winter provides children with environments and materials that can spark imagination and fun, and gives children new challenges, such as climbing a snow hill. Interacting with the outdoor environment in the winter creates new

problem- solving skills such as: "How can I slide down this ice patch without falling?"

EDUCATORS NEED TO SOMETIMES CHANGE THEIR OWN ATTITUDE. It's important **SOMETIMES** to change our own attitude about outside play in winter. Educators need to have winter clothing so they are comfortable being outside for extended periods of time. A good winter coat, snow pants, boots, a hat and mittens is **BASIC** outdoor attire. If we believe that winter is not safe and illness is caused by the cold then we are preventing our children from accessing play during the winter months. When you don't go outside we are contributing to the ill health in children.

Information from "Bundle up and Get Outside," (fix.com)





Did You Know?

It is illegal to sell or give away any item that has been recalled. It is the person who is selling the item or giving it away to ensure that the product is legal to sell. If you are the owner of an item that has been recalled you must no longer use it. You could return the product or destroy it. You may not sell it or give it away. Putting it out with your garbage without destroying it could put others at risk if they take it home to use.

Health Canada's site is the best place to check to see if an item has been recalled. Consumer Report is also very informative. Facebook and other sites that allow items to be posted for sale do not monitor the products for resale.

It is also the responsibility of the buyer/consumer to also ensure the products they are purchasing second hand are safe to use.

NEFDHA has a policy in place that cribs, and car seats cannot be purchased second hand. New products are removed from stores if they are recalled. Examples of furnishings no longer safe to use and NEFDHA does not allow in day homes are; cribs that have a drop down sides or older than 1986, walkers, Fisher Price Rock and Play sleeper, play pens, all inclined sleepers are now being reviewed with the intention of them to be recalled. Children may not sleep in an inclined chair/sleeper including a swing.

workshops

Cancelling a Workshop After Registering

A MINIMUM of 24 Hours written or verbal notice is required by the Educator in order to cancel your participation in a workshop. Calling in the afternoon the day prior to the workshop is not sufficient notice. This allows us to call Educators on the wait list. It also allows us to accurately set up, and prepare needed materials, and purchase snacks. Educators will be charged a \$10.00 cancellation fee if appropriate notice is not given.

Re-certification First Aid



Cost: \$110.00
DATE: Saturday February 1, 2020
TIME: 8:30 – 4:30
LOCATION: Agency Office
12704 - 101 street

Morning Snacks, and a Pizza Lunch with salad will be provided.

Call the office to register 780-478-3376

Maximum 12 participants

Katie Kaptures Family Photos

For Educators and Families in Care



Katie Kaptures Photography will be offering **15 spots** for families to book twenty minute photo sessions.

When: February 8, 2020
Time: 9:30 am – 3:00 pm
Where: NEFDHA Office
12704 - 101 street

The cost to families will be \$10.00. You will receive a memory stick with 3 edited photos. Families who register will receive a letter closer to the date with suggestions on what to wear and any other details.

Please call the Office to Register 780 478-3376

Fuss-Free Finances



This financial workshop draws on ten years of Laura's personal day home experience, to bring you details of how managing your business's finances can become easier with lower costs and simplified techniques. We will focus on two areas: making tax time easier, more manageable, and lower stress with the introduction of a quick new tool to organize your paperwork, and reducing day-to-day costs of operating a day home while ensuring quality of care remains high. Please note that I am not an accountant, but offer tools in accordance with CRA requirements.

Workshop Presenter Laura Armstrong

When: Saturday February 22, 2020

Time: **1:00 PM – 3:00 PM**

Location: NEFDHA Office 12704 – 101 street

Call the office to register 780-478-3376

Maximum 40 participants

Mini Fair

A variety of topics will be presented in mini information sessions. Vendors will have information and resources on their area of interest to Educators.

When: March 28 2020

Time: 9:30 AM – 12:30

Where: Wellington Community Hall

13440 132 Street

Watch For Up Coming Workshops - Details to follow

Child Invite – Sat. April 4

Grant MacEwan ECE conference - Sat. May 2

Observing Children – Sat. May 9

Are you meeting the standard?

Standard 1.3: Child care programs incorporate well-designed physical indoor learning environments to foster the optimal development in children.

☑a. Arrange the indoor space in a way that meets the diverse developmental needs of the children.

Organize space and/or schedule where older children can do activities without interference from younger children. Organize the indoor space in a way that accommodates the number of children in care. Organize the indoor space so that a variety of activities can occur simultaneously without interfering with each other. Are areas available for children to do quiet activities, as well as messy and noisy play?

☑b. Design stimulating and interactive environments, ensuring the materials for play and learning contain a full range of diversity (e.g. ability, culture, ethnicity, family composition, gender).

Provide purposefully selected furnishings and materials to support children's play. Include sensory areas and activities to enhance children's observational skills and experiences with texture. Include materials that reflect the children's homes and cultures. Ensure children have easy access to materials.

☑c. Ensure the learning environment promotes early literacy.

Display books at children's level. Ensure children can access books easily. Print material needs to model the use of upper and lower case letters. Pictures and/or objects are used to match the written words. Written words can be written in represented languages.

☑d. Provide displays and focal points to ensure the space.

Highlight children's work in a unique display; eliminate clutter, include unique artefacts; draw attention to architectural elements inside the home/building.

☑e. Provide multiple sources of light appropriate to the activities and learning experiences.

Use natural light; bright light for a reading area, dimmed light for rest time, coloured light to create a mood, use flashlights to create shadows, soft light for quiet activities, flash light for a dramatic presentation by older children, make a light table to explore a variety of materials.

☑f. Bring elements of nature into the indoor space to facilitate sensory experiences.

Bring in the sights, sounds, tastes, smells and textures from outdoors, for example woven baskets to store materials, display of pine cones to touch and smell; coloured leaves, stones, and twigs to use in creating art work; bowls of fresh strawberries, bouquet of flowers picked by children.

Have visible evidence in your day home space to show you are meeting this Standard.

10A: Incidents

If a child sustains an injury or an incident occurs, a provider must:

- obtain emergency medical assistance as required;
- immediately notify the parent or emergency contact;
- notify the agency immediately after the occurrence;
- complete an incident report; and
- participate in investigations conducted by the agency and/or the CFS or other law enforcement agencies as required.



Take some time to Review the Agencies Policy and Procedures on Incidents, Injuries and Complaints, in your Educator Handbook.

Congratulations!

The following providers are celebrating their anniversaries with NEFDHA in January.
Thank you for your gift of CARE.

Tina Tesfagaber	14 Years
Zahida Memon	9 Years
Farina Javed Qazi	8 Years
Harpreet Gill	7 Years
Kefah Keshta	7 Years
Michelle Seecharan	7 Years
Farzana Begum	6 Years
Amena Quraishi	2 Years
Dharani Vedachalam	1 Year

Print off frequently used forms from our agency website: nefdha.com

Printable Forms:

Termination of Childcare Form - Child Profile
Appendix A Substitute Care Parent Permission Form
Drug Administration Form, Program Planning sheets
Parent Consent for Back-Up Care, Technology Policy
Diapering and Feeding Schedule, Injury-Incident
Report, Safety and Cleaning Checks Jan - June
Safety and Cleaning Checks July - Dec
Supplementary School Age Child Agreement

To access the forms look under Educator Forms then click to see resources – enter the username and the password.