



North Edmonton Family Day Home Agency

Parent E-News APRIL 2025



12704 - 101 Street Edmonton, AB. T5E 4E5 – Office - 780-478-3376 - Fax 780-478-3423 - office@nefdha.com

2025 Statutory Holidays

April 18, Good Friday, Monday May 19, Victoria Day, Tuesday July 1, Canada Day,
Monday August 4, Heritage day,
Monday September 1, Labor Day, *Tuesday September 30, National Day for Truth and Reconciliation,
Monday October 13, Thanksgiving, Tuesday November 11, Remembrance Day,
Thursday December 25, Christmas Day, *Friday December 26, Boxing Day

* Starred Dates are only honored if they occur Monday – Fridays. If they fall on weekend there is no day in lieu given, as they are not recognized Statutory Holidays.

Please note: The office will be closed Easter Monday April 21

Alberta Government's New Funding Model

This month the new funding model for child care fees will be implemented. If you have any questions the Agency would be happy to help.

780 478 3376 Line 101

Receipts for Additional Fees

Starting April 1, 2025 Educators who have additional fees for optional services and who will be collecting the fees from parents/guardians must provide a monthly official receipt of charges. Please keep your original receipts from your Educator as the Agency will not be able to give you a duplicate copy.

All receipts received from your Educator will need to be retained along with the receipt you will receive from the Agency at the end of the year to give you a total of your child care expenses for the year.

Colleen Wettlaufer

NEFDHA's Day Home Specialist

Family Day Home Specialist/Supported Child Care
Jobs, Economy and Trade
(Children's Services) – Edmonton Region
Government of Alberta
J.G.O'Donoghue Building
2nd Floor, 7000 – 113 Street Edmonton AB T6H 5T6

Tel 780-422-4065

Fax 780-427-1622



Colleen.Wettlaufer@gov.ab.ca

Alberta Health Services Dental Clinic

Did you know that keeping baby teeth healthy means that grown-up; permanent teeth will be healthy too.

On Tuesday **April 15, 2025** the Agency will be hosting a Dental Clinic through Alberta Health Services; Dental Hygienists.

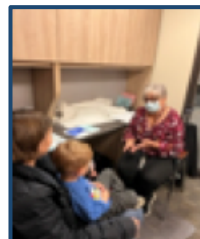
Educator's children and day home families children may register. Parent/guardian must accompany the child. Please share this information with your families.

The clinic will be held at the office, 12704 101 St, the office.

Children between the ages of 12 – 35 months may be seen. Children may sit on parents lap during the appointment. **Any child who has previously attended a clinic with the Agency** can continue to attend up to 48 months. Unfortunately, it is not for children past 5 YEARS OLD

Appointment times available from:
4:00 PM to 6:45 PM.

You will need your child's AHC# and birthdate information when registering.



780 478 3376 Line 101

Call right away to book your time as spaces fill up quickly.

Every month Educators review one standard from the Family Day Home Standards Manual for Alberta. In April Educators will be reviewing **Standard 4C, Outdoor Play Space** to ensure they meet the Standard



Standard 4C: Outdoor Play Space

The program must ensure that children have access to an outdoor play space.

If the outdoor play space is part of the program residence, it must be securely enclosed.

If the outdoor play space is not part of the program residence, it must be within a safe and easy walking distance.

The agency can exempt a program, using a JET-approved form, from the requirement to have the outdoor play space securely enclosed if outdoor play space that is securely enclosed is not reasonably available and if children will be adequately supervised and protected in the outdoor play space provided.

The form used to exempt a program must be approved by JET annually and any changes to the form must be pre-approved by JET. A copy of the exemption form must be stored on the program's record with the agency and parents must be informed at the time of enrolment that the program has an exemption.

- If an educator has an Outdoor Play exemption in place it will be posted on the Educators bulletin board.

Up dated Standards Manual: February 2025
<https://open.alberta.ca/dataset/ae5d6de9-3a2b-4fb5-abd1-7ad4582a709d/resource/518ed727-325c-42d0-9e47-f9987ef67837/download/jet-family-day-home-standards-manual-for-alberta-2025-02.pdf>

- JET – *Jobs Economy and Trade*

NEW REQUIREMENTS!

Substitute Caregiver

Agencies establish a system of backup care for their programs to ensure that there are alternate arrangements when a family day home educator is unavailable to care for children.

The parent must give written prior approval to all backup care arrangements.

An individual approved for back up care must also meet the minimum requirements set out in Agency Standard 4.

A backup educator must:

- Be at least 18 years of age;
- Have a completed criminal record check, including a vulnerable sector search;
- Have three satisfactory personal references from non relatives that corroborate suitability for working with children; and
- **NEW - Have obtained, at minimum; Level 1 Early Childhood Educator certification.**

To Register: <https://childcare.basecorp.com/home>

Spring Is in the Air



We are starting to see signs of Spring outside, so now is a great time to check with your Educator to see what outdoor clothing she requires your child to bring with them daily.

Spring can be a challenge, as winter clothing is often needed in the morning and much lighter clothing in the afternoon.

Spring boots, a hat, extra clothing in case a child gets wet, socks and splash pants are often a must. You may also need to send sunscreen and sunglasses for your child.

NEW! Home Made Play Dough Made From Flour May Not Be Used in A Day Home.



Play dough made from raw flour can no longer be used in child care, effective immediately. *Raw flour, which is what we purchase at any store, is not a sterilized product and can contain bacteria like E. coli.* Even though play dough is not meant for consumption, young children may put it in their mouths. Licensing/Alberta Health Services is banning the use of homemade play dough made from raw flour, if the flour has not been commercially sterilized. If an educator heat-treats the flour herself it may not kill the bacteria. Currently heat-treated flour cannot be purchased in small quantities locally.

Speech and Language Development



As a parent/guardian, understanding your child's speech and language development milestones and knowing when to seek help is crucial. Here's is a general guide to help you navigate this important journey, including what to expect at different ages and what to look for if you have concerns.

It is Important to Remember:

- ***Every child develops at their own pace.***
- ***Don't compare your child to others.***
- ***If you have concerns, seek professional advice early.***
- ***Early intervention can make a big difference.***

Understanding Speech and Language Development: Milestones:

- **6 months:** Babbling, repeating sounds like "mamma" and "dadadada".
- **1 year:** Saying 1-3 words (e.g., "mama", "dada", "bye bye"), using gestures and pointing.
- **2 years:** Saying at least 50-100 words, putting together two-word phrases, pointing to objects.
- **3 years:** Using about 1,000 words, speaking in 3-5 word sentences, saying their name, asking questions, singing songs.
- **4 years:** Talking in sentences, vocabulary more than 1,000 words, naming letters and numbers.

What to do if you have concerns:

- **Talk to your child's doctor:** If you have any concerns about your child's speech or language development, don't hesitate to contact their doctor.
- **Seek a professional evaluation:** Your doctor may refer you to a speech-language pathologist (SLP) for a comprehensive evaluation.
- **Early intervention:** Early diagnosis and intervention can significantly improve outcomes for children with speech and language delays.

What to expect from a SLP:

- **Evaluation:** The SLP will assess your child's communication skills, general development, and may include a hearing test.
- **Recommendations:** Based on the evaluation, the SLP will provide recommendations for home activities, therapy, or further evaluation.

Parent Involvement:

- **Engage in communication:** Talk, read, and sing with your child regularly.
- **Respond to your child's communication:** Pay attention to their vocalizations and communication attempts.
- **Expand their vocabulary:** Repeat their words and phrases correctly to help them learn.

Speech and Language Development continued.

Signs of a potential speech or language delay:

By 2 years:

- Not saying at least 50 words.
- Not using two-word phrases.
- Not following simple directions.
- Having an unusual tone of voice (raspy or nasal).

By 3 years:

- Not speaking in 3-5 word sentences.
- Not saying their name.
- Not asking questions.

General:

- Struggling to produce sounds.
- Being difficult to understand.
- Not responding to their own name.
- Not babbling by 9 months.
- Not saying 3-5 words by 12 months.



At your request, the Agency can offer you a developmental tool called Looksee which is a Checklist that is an easy-to-use developmental tool that features a short list of “yes” or “no” questions about a child’s abilities according to a child’s age up to 6 years.

AHS Measles Alert



Measles is extremely contagious and spreads easily through the air. The best protection against measles is to ensure [immunizations](#) are up to date and you do not take an ill child out.

Measles is a virus that spreads easily through the air when someone who has measles coughs or sneezes. Measles is sometimes called Rubeola or red measles.

Symptoms can include:

- fever of 38.3°C or higher; **and**
- cough, runny nose, or red eyes; **and**
- a rash that appears 3 to 7 days after fever starts, usually beginning behind the ears and on the face and spreading down to the body and then to the arms and legs. The rash appears red and blotchy on lighter skin colours. On darker skin colours, it can appear purple or darker than the skin around it, or it might be hard to see.

Measles is an extremely contagious disease, spread easily through the air.

You do not need to be in direct contact with someone who is infected.

You can get measles just by passing through a room or location where a person who is infected was up to 2 hours before.

Measles can also be spread through coughing, sneezing, yelling, singing, and breathing. If you have measles, you can spread the disease before you show any symptoms.

Measles can spread starting 4 days before the rash appears until 4 days after the rash appears.

Current as of: March 27, 2025

Author: Communicable Disease Control, Alberta Health Services

