

North Edmonton Family Day Home Agency Parent E-News August 2019



12704 - 101 Street Edmonton, AB. T5E 4E5 – Office - 780-478-3376 - Fax 780-478-3423 - nefdha@hotmail.com

2019 Statutory Holidays

The office will be closed on August 22/19 for staff development.

Monday	August 5	Civic Holiday
Monday	September 2	Labour Day
Monday	October 14	Thanksgiving Day

ALBERTA HEALTH SERVICES

North Edmonton Family Day Home Agency will be holding a **FREE DENTAL CHECK UP and FLORIDE TREATMENT** clinic for children 12 months to 35 months of age.

Parents must accompany their child (ren). Three hygienists will be offering dental appointments that are 15 minutes in length. The sessions are casual and relaxed. Children who are uncomfortable can sit on their parent's lap.

If you're looking for a child friendly dentist the hygienist may be able to offer you referrals.

Your child/rens Alberta Health Care number is required as part of the intake information, which we can access at the office.



The Clinic will be held at the
North Edmonton Family Day Home **Agency office**
12704 - 101 street

Register early as space is limited and fills quickly.
Tuesday September 24, 2019

Appointments can be booked between
4:00pm – 6:45pm

Call the office to register at 780-478-3376 to book.

If you are unable to attend as planned please notify the agency immediately so parents on the wait list can be notified of availability.

This service is available to parents/guardians and educators own children.

Reading With Your Child



Read early and read often. The early years are critical to developing a love of reading. It's never too early to begin reading to your child!

These tips will help your young child enjoy your time reading together.

Read together everyday. Name the objects or have your child name objects or have them point to the object in the picture; this builds vocabulary. Your child will enjoy it when you read with expression. Stop to let your child finish the phrase. Put the book away if your child loses interest. Be interactive by asking questions about what is happening in the story. Your child will enjoy reading the same books over and over again.

Just a reminder that Agency Fees will be increasing on September 1, 2019.

Please Note

Any changes you would like to make to withdrawal payments need to be made with the office prior to the 20th of the month. This will ensure there is enough time for changes to be made by months end, as our banking process requires.

Colleen Wettlaufer

NEFDHA's Day Home Specialist

Family Day Home Specialist/Supported Child Care
Child Care Services Licensing
Children's Services – Edmonton Region
Government of Alberta
J.G.O'Donoghue Building
2nd Floor, 7000 – 113 Street
Edmonton AB T6H 5T6

Tel 780-422-4065

Fax 780-427-1622

Colleen.Wettlaufer@gov.ab.ca





Parent Advisory Committee

Parent Advisory Committee

The Agency will be creating a Parent Advisory Committee, (PAC), that will begin meeting this fall. The committee will consist of parents and agency staff. The PAC will give parents an opportunity to provide input into workshops, programming and parent supports. The Agency will share and keep the committee up to date with our Accreditation Goals.

The Parent Advisory Committee will meet three times per year. Meeting times will depend on parent availability for either a supper or a breakfast meeting. Supper or Breakfast will be provided by the Agency.

If you are interested in sitting on the Parent Advisory Committee, please fill out the form below with your preferences for meeting times. Parent involvement is encouraged and appreciated.

Please send the form below either to the agency or give to your educator for your consultant to pick up.

Parent Advisory Committee

I, _____, would be interested in sitting on the
Please Print Full Name

Parent Advisory Committee. My contact number is _____ and my
Email address is, _____.

The Committee will meet three times a year. Meetings will be approximately one hour to
one and a half hours in length.

My preference for meeting times would be:

_____ I would prefer to meet on a Saturday Morning, for a Breakfast Meeting.

_____ I would prefer to meet on a Weekday Evening, for a Supper Meeting.

_____ Either a Weekday Supper Meeting or Saturday Breakfast Meeting would be
fine to meet.

_____ I could only attend if childcare was provided.

IT'S HOT OUT THERE!

Headache

Dizziness and fainting

Rapid breathing
and heartbeat

Extreme thirst

Nausea or vomiting

Sleepiness or
temper tantrums

Watch for signs of heat illness in young children.
Move them to a cool place and give them a drink.



HealthyCanadians.gc.ca

Canada

Did You Know?

It is important to avoid leaving your sunscreen in direct sunlight or storing it in places that can reach high temperatures, like in a hot car. Exposure to extreme heat can cause sunscreens to be less effective.



Heritage Festival

August 3-5, 2019- the festival is a 3-day event to sample delicious food, see creative performances, and celebrate Canada's multiculturalism. <https://www.heritagefest.ca/>

Fall Training For Educators

The Agency requires that Educators attend a minimum of three in person workshops a year that have a focus on child development. Workshops are organized through the agency but Educators may also attend workshops in the community.

This fall the Agency will be offering Educators workshops that will expand their knowledge in a variety of areas.

The September Workshop will focus on Culture and Diversity. The presenter for this workshop will be Arlysse Wuttunee, *Promotions and Communications Coordinator, Bent Arrow Traditional Healing Society*.

The October Workshop will be on PTSD and Immigration. The effects on children and families. The presenter for this workshop will be Karin Linschoten MA, *CCC-S Clinical Director Health and Wellbeing Services at the Edmonton Mennonite Centre for Newcomers*.

In November, the workshop will be presented by Michelle Raidy, *Manager of a Head Start Program*. Michelle will introduce Educators to the Alberta Early Learning and Care Curriculum, "Flight".

Popsicles In the Park

Popsicles in the Park was a huge success. The Park day was held at one Northside and one Southside location.

The day homes that attended had an opportunity to participate together in a variety of fun activities and enjoy a cool treat.



The day was hot and the popsicles were a perfect way to cool down.



A BIG thanks to NOW Radio and MacKenzie who came out in the "Trucksicle" to our Southside park location with popsicles!



This summer Educators were challenged to participate in Random Acts of Kindness, both within their day home and community. This is a wonderful opportunity to spread Joy. We know children are never too young to learn how to be kind and compassionate. When a child observes and participates in performing random acts of kindness they are more likely to do so on their own and continue to do so throughout their life. Many Educators have taken up the challenge and are tracking all the random acts that they are doing.

Here is a random act of kindness the Agency received.

Thank You to Kate Lowther's day home for their Random Act of Kindness. Each staff member received a decorated butterfly with an inspirational word printed on it.

