



North Edmonton Family Day Home Agency

Parent E-News July 2020



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2020 Statutory Holidays

Monday August 3 Heritage Day Monday September 7 Labor Day
Monday October 12 Thanksgiving Day Wednesday November 11 Remembrance Day

In Home Visits Restart



In June Consultants returned to doing in home visits with the implementation of strict safety measures.

Prior to any visit a consultant will do a self-health assessment and will not complete any visitation if ill. Consultants will wear a mask during the visit and a new mask is used for each home visited. *Educators and children do not need to wear a mask.*

When the consultant arrives at a home she will wash her hands or use hand-sanitizer that is at least 60% alcohol. The same hand washing or hand sanitizer protocols will be used when leaving a home.

Social distancing is maintained both inside and outside. No activity is brought into the home that is shared by children or with another day home.

These procedures will remain in practice until the Alberta Government notifies us of any changes.

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NEFDHA's Day Home Specialist

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Your input is IMPORTANT!
Complete the Alberta
Governments Child Care
Transformation Survey.

<https://extranet.gov.ab.ca/opinio6/s?s=48668>

The *Child Care Licensing Act* regulations are due to expire in early 2021 and you have an opportunity to have input how child care may look in the near future.

Late last month you were forwarded information from the Alberta Family Child Care Association regarding the upcoming review of the Child Care Licensing Act. We cannot stress how important it is for all families to take this survey.

The government has in the past 6 months made dramatic changes to many programs that support quality childcare in Alberta. These include the cancelation of the Accreditation Program, Parent links and Neighbourhood Coalitions.

Your opinion is important, this is a crucial opportunity to be heard.

Thank you in advance for taking the time to complete the survey and support your Educator and this Agency.



your voice
matters!

The survey consists of 9 questions and will take approximately 20 minutes to complete. Please complete and submit your survey by **11:59 PM MDT on Wednesday July 15, 2020.**

Changes to the Arrival and Departure Protocols



Prior to arriving at the day home parents are asked to take their child's temperature to ensure they do not have a fever. If you, or your child/ren are not feeling well, please do not come to the day home. If you or your child has symptoms of illness, even a mild cold you must be excluded from entry/care.

If you or anyone in your family is ill, recommendations are to be tested but if you choose not to test for COVID-19 you are excluded from care and must isolate for a minimum 10 days or until symptoms have resolved, whichever is longer.

If testing is done for COVID-19 then the family must remain isolated until your results have been given. If the results are negative you may return to the day home if symptoms have resolved. If you test positive AHS will offer guidance on continued isolation. Please keep your Educator aware of the results.

When arriving at your day home your Educator will be asking you to complete a health survey for your child and yourself, if you answer NO to all questions entry is allowed. Your Educator must track all persons who come into her home both during day home hours and after hours. This tracking sheet will be kept for 2 weeks. The sheet will be used for tracking purposes if anyone who has come into the home has tested positive for COVID-19.

If anyone in the Educators family becomes ill the protocol is the same as it is for day home families.

Please maintain social distancing at all times and use hand sanitizer or wash you hands when entering or leaving your family day home. Guidelines for opening family day homes: <https://open.alberta.ca/dataset/3fcd93d6-3060-4db4-850d-e0263b0e5ff6/resource/839ef120-850e-4e8b-9181-b051c9af32d9/download/covid-19-relaunch-guidance-family-day-homes.pdf>

APPENDIX A SCREEDING QUESTIONNAIRE – PARENTS/GUARDIANS and ALL WHO ENTER THE DAY HOME MUST COMPLETE DAILY PRIOR TO COMING INTO CARE TO DECIDE IF THE CHILD SHOULD COME INTO CARE.

RISK ASSESSMENT Questions:

1.	Do you, or your child attending the program, have any of the below symptoms:	Please state:	
	• Fever	Yes	No
	• Cough	Yes	No
	• Shortness of Breath / Difficulty Breathing	Yes	No
	• Sore throat	Yes	No
	• Chills	Yes	No
	• Painful swallowing	Yes	No
	• Runny Nose/ Nasal Congestion	Yes	No
	• Feeling unwell/ Fatigued	Yes	No
	• Nausea/ Vomiting/ Diarrhea	Yes	No
	• Unexplained loss of appetite	Yes	No
	• Loss of a sense of taste or smell	Yes	No
	• Muscle/Joint aches	Yes	No
	• Headache	Yes	No
	• Conjunctivitis (Pink eye)	Yes	No
2.	Has your child travelled outside of Canada in the last 14 days or has someone in the household travelled outside of Canada in the last 14 days and is ill?	Yes	No
3.	Have you or your child/ren attending the program had close unprotected* contact (face to face contact within 2 meters/6 feet) in the last 14 days with someone who is ill with a cough and/or fever?	Yes	No
4.	Have you or anyone in your household been in close unprotected contact in the last 14 days with someone who is being investigated or been confirmed to be a case of COVID-19?	Yes	No

*“unprotected” means close contact without appropriate personal protective equipment (ppe)

If you answered, “Yes” to any of the above questions, please DO NOT ENTER at this time.

If you answered “No” to any of the above questions, please sign in and out and practice hand hygiene (wash your hands for 20 seconds and or use hand sanitizer). Our goal is to minimize the risk of infection to Educators, their family and children. Thank you for your understanding and cooperation.



BE SUN SMART



Put on a Shirt



Put on Sunscreen



Wear a Hat



Wear Sunglasses



Stay in the Shade



SHARE THE SUN SAFE STORY WITH YOUR CHILD



Park Play

AHS is recommending community playgrounds not to be used at this time, as sanitizing does

not take place on any on of the equipment. It is also very difficult for children not to put their hands in their mouth and very hard to maintain physical distance in this environment.

The Agency is also recommending to not use community parks. However if you decide that you will allow your child to go to a playground your Educator must have your written permission to use the equipment.

We recommend play in a green space where the Educator can supply the equipment and it is much easier to social distance. Hills, and large open spaces offer children a lot of opportunities for physical (play) literacy, which we strongly encourage.

Physical Literacy

Physical Activity is movement using the body that requires energy, increases heart rate and speeds the rate of breathing.

Physical Literacy is having the movement and the motivation, confidence and competence to move for a lifetime. Skills such as hopping, running, jumping, throwing, balancing and catching are key building blocks for being physically active.

WHY Physical Literacy is so important in the early years? The early years provides a window of opportunity for developing motor skills and establishing lifelong patterns. It's also a time of rapid growth and development physically, emotionally and socially. Physical activity in the first five years helps the brain grow and develop and supports development of social skills.

Children of all ages learn through active play. Active play can be done in a number of ways including facilitated or unstructured, indoors or outdoors and in groups, pairs or alone. Active play leads to movement competence and confidence.

☆ Let the children PLAY
stomp in PUDDLES climb trees
Dig in the Dirt go on a
bug hunt make mud pies
ROLL DOWN a hill BUILD
a cubby make a Daisy chain
create a garden for fairies
Playing outside makes children
☆ smarter
healthier
happier

☆ Let the children PLAY

<http://progressiveearlychildhoodeducation.blogspot.com>

Easy, Inexpensive Outside Water Activities



Make a Pouring Station

This simple activity is great for outside but could be done inside too. It is sure to keep your preschooler cool, busy and happy for an extended period of time. This simple activity will help a child to gain or refine many skills as they explore.

For older children add measuring cups and spoon along with container to measure with. Items like containers of different sizes, spoons, strainers, funnels, a tea pot, a jug, a recycled juice container or milk container, items that will float or sink. Add a little soap for bubbles and even food coloring to change the colour.



Paint with Water

Provide your child with a variety of brushes and rollers and let them create a masterpiece on the sidewalk, patio or fence. Have your camera ready, as the masterpiece won't last long. Children's creativity will be unleashed as they use their fine and gross motor skills.

They may even paint themselves, sure to be a cool activity.



Sponge Water Target Practice or Catch

Have a bucket of water handy and use sponges to toss at a target or play catch with the wet sponges.



Sprinkler Fun

Turn the sprinkler on – keep it low for your little one.



Water Safety For All Preschoolers and Children With No Water Safety Lessons.

Never take your eyes off of your child when he is in or by water. It can take less than 30 seconds for a child to drown, and it can even happen in surprisingly shallow water.

Caution - ensure the water that may have been sitting in a hose is not hot!!! A child can be easily burned.