

North Edmonton Family Day Home Agency Parent E-News November 2019



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2019 Statutory Holidays

The Office will be closed on -

Monday	November 11	Remembrance Day
Wednesday	December 25	Christmas Day
Thursday	December 26	Boxing Day
Wednesday	January 1 2020	New Years Day

The office will be closed
December 18th for staff
development training.

National Child's Day ~ November 20th



National Child Day is celebrated in Canada on November 20 in recognition of our country's commitment to upholding the rights of children and two historic events: the 1959 signing of the UN Declaration of the Rights of the Child and the adoption of the UN Convention on the Rights of the Child in 1989.

2019 marks the 30th anniversary of the UN Convention on the Rights of the Child.

The United Nations Convention on the Rights of the Child sets out the rights of children with 54 articles that provide us with a solid road map of what is needed to raise healthy and happy children and youth. www.nationalchildday.ca

Children have the right to be heard.

<https://www.youtube.com/watch?v=7kSZ6KwxsTM>

On November 20, to coincide with National Child Day, the Alberta Child and Youth Advocate launched a video to promote the rights of children and youth. The film was video taped in Edmonton, Alberta and was produced locally by PlanIt Sound.

Remembrance Day ~ November 11

Remembrance Day marks the anniversary of the official end of World War One, November 11, at 11 am, 1918. A two-minute silence is held at 11 am on November 11th, to remember the people who have died particularly in and since World War One.



Ways You Can Celebrate National Child Day

Children are our most precious resource and should be celebrated every day!

November 20th is a day set aside to remember that our children need our love, respect and nurturing in order to reach their full potential. November 20th is a day to celebrate with your child(ren).

Read your children's favourite storybook to them. Cook their favourite dinner. Cook or bake together. Play a favourite game with your child(ren).

PLEASE NOTE

Any changes you would like to make to withdrawal payments need to be made with the office prior to the 20th of the month. This will ensure there is enough time for changes to be made by month's end, as our banking process requires.

Colleen Wettlaufer

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WINTER IS COMING!

Let's keep the kiddos warm and dry this winter!



NEED

- Coats
- Snow pants
- Boots
- Mittens
- Gloves
- Hats
- Scarves

The benefits of outdoor play in all kinds of weather is well documented. Educators are required to include outdoor play as a part of their daily program plan as required by the Alberta Government, Family Day Home Standards Manual, Standard 7. If the temperature including the wind chill is -15 or colder, outdoor play may be cancelled. With temperatures now much colder, children need to have appropriate clothing for outdoor play. Boots, a hat, mittens, a warm winter snowsuit or a coat with snow-pants helps ensure children are warm. If your child arrives at the day home and is missing clothing needed for outside play, your educator may ask you to return with the needed clothing so everyone can go outside. If your child is not well enough to participate in outside play they may need to be excluded from care.



As fall arrives so does cold and flu season. Flu shots are now available at many pharmacies, public health centres and some doctor's offices.

Now is a good time to review the agencies illness policy with your educator. Discuss when children need to be excluded from care. For adults and children hand washing and disinfecting are the best way to prevent the spread of germs.

Keep Me Home If...



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When Your Child is Sick: 1. Have plans for back up child care. 2. Tell your caregiver what is wrong with your child, even if your child stays home.

Home Fire Escape Planning

Fire prevention week is held every October, but educators practice fire drills monthly so children become familiar with the sound of a smoke detector and know the procedure to evacuate the home safely. Educators also identify a meeting spot outside of their home.

City of Edmonton fire escape planning
https://www.edmonton.ca/residential_neighbourhoods/fire_safety/fire-escape-planning.aspx

We encourage you to make a fire escape plan for your home and practice your escape regularly.

Fire and smoke can spread quickly, so be prepared in advance with these simple steps for home fire escape planning:

- Assess the needs of everyone in your home. Who would need to be carried or helped?
- Make sure that you have working smoke alarms on every level of the home and outside of sleeping areas.
- Have fire extinguishers on every level of your home. Costco is a great place to purchase them.
- Identify all possible exits (doors and windows) and make sure nothing is blocking the way and doors and windows open easily.
- Everyone must know what to do when the smoke alarm sounds.
- Plan ahead for your escape.

Practice your home escape plan regularly - When doing an escape practice always ring the smoke detector so everyone associates the sound with the need to get out. Teach and practice crawling on the floor if the room is filled with smoke. Practice what to do if clothing catches on fire, Stop, Drop and Roll to put out the flames. Running fan the flames and makes them spread quickly. Keep all exits inside **and outside of your home clutter free and make sure you can open windows if needed.**

Please send indoor shoes for your child to wear at the day home. When children wear shoes it helps protect their feet in case of an evacuation when snow and cold weather could freeze their feet in they were in bare feet or socks .



Communicating With Your Educator

Many educators use a variety of communication tools with parents which may include; communication books, daily reports, newsletters, texts, Facebook private pages, emails, notes, phone calls and at the door communication. Discuss with your educator what communication tools she uses and let her know the ways you would prefer she communicate with you.



Educators have a communication board in the entry of their home with information posted for parents. Weekly program plans, and a daily menu must be posted but often educators have information about upcoming events in the day home or the community, and will sometimes post information on child development.

Start your day off by telling your educator how your child's evening or night was. This communication helps your educator best care for your child during the day. Also giving your educator a heads up when your child is ill will help her communicate with other parents if they need to watch out for illness in their child.

Show respect to your educator by calling if you will be late at drop off or pick up times. Sending a text may not be an appropriate way to communicate with your educator as she may be busy with other children and won't always hear your text. Altering your drop off time may disrupt the day homes routine that other children are looking forward to. If you are late at pick up time do not assume it is ok with your educator, she most likely has family commitments and may have made plans for her evening. Occasionally being late at drop off or pick up time can't be helped, but always be courteous and let your educator know.

If you have a child in care who is 19 months or younger, educators fill out a daily diaper tracking sheet that documents nap times, diapers and daily food intake. It is a great daily communication tool if you have an infant in care. Some educators write out a daily report while others may send a text, email or just up date at the door.

Some educators take photos during the care day to send daily photos via Facebook, text or email to parents. Photos show parents what experiences or activities their child has participated in during their day. Educators' will often post photos or create documentation panels that show experiences children have participated in. Educators will also encourage you to provide photos of your child's family or pet. This can assist a child from becoming homesick while in care and remind them of extended family members. An educator documents each child's development in a variety of ways, some create individual portfolios or create an "All About Me" book where they write about a child's development, add photos and samples of children's work to share with parents and for the child to look at. Educators may ask to meet with you to share the book.

You will be encouraged to share information about your family life, culture, celebrations and special events with your educator. The information shared can be incorporated into program plans and even the menu. Collaborating with your educator can make the child care experience positive for everyone.

Meeting with your educator is the best way to keep the lines of communication open. Often at the door is chaotic so ask when would be a good time for you to meet or call your educator if you need more time to talk. Participate in the day home program in a variety of ways. Help out with an activity occasionally, go on a field trip, read a book or take a few minutes to play with your child at the end of the day (but not beyond your scheduled hours). There is often an opportunity to chat to your educator during these visits. Getting to know each other increases your comfort with each other. When you feel comfortable with your educator and her abilities, it increases your confidence and establishes trust in your relationship, which will help to have conversations about your child's development. Even a parent who can't take time out of their day to visit, they can still get daily information about what's happening with their child daily.



Parent Advisory
Committee

Parent Advisory Committee

The Agency will be creating a Parent Advisory Committee, (PAC), that will begin meeting this fall. The committee will consist of parents and agency staff. The PAC will give parents an opportunity to provide input into workshops, programming and parent supports. The Agency will share and keep the committee up to date with our Accreditation Goals.

The Parent Advisory Committee will meet three times per year. Meeting times will depend on parent availability for either a supper or a breakfast meeting. Supper or Breakfast will be provided by the Agency.

If you are interested in sitting on the Parent Advisory Committee, please fill out the form below with your preferences for meeting times. Parent involvement is encouraged and appreciated.

Please send the form below either to the agency or give to your educator for your consultant to pick up.

Parent Advisory Committee

I, _____, would be interested in sitting on the
Please Print Full Name

Parent Advisory Committee. My contact number is _____ and my

Email address is, _____.

The Committee will meet three times a year. Meetings will be approximately one hour to one and a half hours in length.

My preference for meeting times would be:

_____ I would prefer to meet on a Saturday Morning, for a Breakfast Meeting.

_____ I would prefer to meet on a Weekday Evening, for a Supper Meeting.

_____ Either a Weekday Supper Meeting or Saturday Breakfast Meeting would be fine to meet.

_____ I could only attend if childcare was provided.

NATIONAL CHILD DAY CELEBRATION!

SATURDAY, NOV 16
2 TO 4:30PM

CLAREVIEW REC CENTRE
3804 139 AVE
MULTIPURPOSE ROOM #4
FREE ADMISSION AND PARKING

**Please join us in Celebrating National
Child Day's 30th Anniversary with
fun and interactive games for
children 5 years and under!**

(Older siblings welcome!)

Presented By:



NORTH EAST EDMONTON
Early Childhood Development Coalition

**Crafts!
Sundae Bar!
Face Painting!
Resource Fair!
Active Fun!**



Building Resilience in Children

*A full day workshop with
Dr. Mike Boyes and
Dr. Karin Linschoten*

November 30th,
8:30am-3pm

Catered Lunch Provided

At: Wellington Park Community
Hall

Tickets \$5

Register on eventbrite

Everyone Welcome! Parents, Caregivers,
Daycare and Dayhome providers

Child Resource and Vendor Fair onsite

Hosted by: North Central Early Years
Coalition

www.earlychildhoodedm.ca

