

# North Edmonton Family Day Home Agency Parent E-News October 2018



12704 - 101 Street Edmonton, AB. T5E 4E5 – Office - 780-478-3376 - Fax 780-478-3423 - nefdha@hotmail.com

## 2018 Statutory Holidays

Sunday	November 11	No day in Lieu
Tuesday	December 25	Christmas Day
Tuesday	January 1 2019	New Years Day

Providers are entitled to statutory holidays off with pay. If you will be taking additional days off before or after these holidays, as a courtesy, please inform your educator well in advance of your planned holidays.

**The office will be closed on October 19th, for staff development training. Phone messages will be picked up**

## Effective October 1, 2018

All payments received after the first week of the month will be subject to a 25.00 late fee.



Help us in wishing Lori Clark a fond farewell as she moves on from the Senior Office Administrator position with North Edmonton Family Day Home Agency. Lori has held the Senior Office Admin position for over 10 years and has relocated to Grand Prairie Alberta. Lori we wish you all the very best in your new City and the opportunities it will surely offer you!!

## Meet Cameron Miller



Cameron is in care in one of our family day homes and is a part of the Supported Child Care Program. He is a Stollery Kid, and we are excited that Cameron is currently a poster child for the Stollery Hospital Children's Foundation,

Mighty Millions Lottery.

The Mighty Millions website tells us "What makes Cameron MIGHTY." He loves to make people smile, listen to music, dance, watch baseball with his grandpa, eat macaroni and do pretty much anything his big brother is doing. Congratulations Cameron!

For more information check out, [mightymillionslottery.com](http://mightymillionslottery.com) **NEFDHA supports the Stollery Hospital Children's Foundation and makes a yearly donation.**



We would like to welcome Tammy Deal into her new position as Senior Office Administer. Tammy is not new to the agency; some of you may have talked to when you called the agency for assistance. Tammy is moving from her role as Consultant, which she has held for the past five years.

## Are you concerned about your child's development?

Early Intervention is key to getting the support your child may need.

You could start by discussing your concerns with your doctor.

You can contact your public health clinic to discuss any resources they may have.

e4c early learning – may be able to offer guidance  
780-426-3666

Early Head Start birth to 3 ½ years

Early Education 2 ½ - 4 ½ years

ABC Head Start – 780-461-5353

AHS Early Intervention Services birth to 3 ½ years  
780-342-1707



**Colleen Wettlaufer** is NEFDHA's Day Home Specialist

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*Sign Up Today!*

### ALBERTA HEALTH SERVICES

North Edmonton Family Day Home Agency will be holding a FREE DENTAL CHECK UP, and FLORIDE TREATMENT clinic for children 18 months to 36 months of age.



Parents must accompany their child(ren).

Three hygienists will be offering dental appointments that are 15 minutes in length. The sessions are casual and relaxed. Children who are uncomfortable can sit on their parent's lap.

If you're looking for a child friendly dentist the hygienist may be able to offer you referrals.

Your child/rens Alberta Health Care number is required as part of the intake information, which we can access at the office.

The Clinic will be held at the  
North Edmonton Family Day Home *Agency office*  
**12704 - 101 street**

Register early as space is limited and fills quickly.  
**Thursday October 25, 2018**

Appointments can be booked between  
**4:00pm – 6:45pm**

Call the office to register at 780-478-3376 to book.

*If you are unable to attend as planned please notify the agency immediately so parents on the wait list can be notified of availability.*

*This service is available to parents/guardians and educators.*

### Fire Prevention Week

[edmonton.ca/attractions\\_events/schedule\\_festivals\\_events/fire-prevention-week.aspx](http://edmonton.ca/attractions_events/schedule_festivals_events/fire-prevention-week.aspx)

Fire Prevention Week brings awareness to the risks involved with fire and strives to educate everyone about practices that can prevent fires and help people escape safely in the event of a fire.

This year, Fire Prevention Week runs from October 7-13 under the theme, "Look. Listen. Learn. Be aware. Fire can happen anywhere."

- **Look** for places fire could start. Identify potential fire hazards and take care of them.
- **Listen** for the sound of the smoke alarm. If you hear it, then head outside right away and call 911 once you are a safe distance away from the fire.
- **Learn** 2 ways out of every room. Make sure exits are free of clutter and everyone knows how to use the doors and windows.

*Always ring the smoke detector so children associate the sound with the need to get out. Practice exiting from various locations in your home. Teach children to crawl on the floor if the room is filled with smoke. Teach children to Stop, Drop and Roll if their clothing were to catch on fire. Keep all exits inside and outside of your home clear.*

To promote Fire Prevention Week, on **October 13, 2018**, the public is invited to attend Edmonton Fire Rescue Services "Fire Prevention Week" **Open House from noon-4pm**. Meet firefighters and a fire prevention officer, while learning about fire safety and finding out about all the services Edmonton Fire Rescue Services provides to Edmontonians.

All educators conduct a monthly emergency evacuation drill during care hours. We encourage you to make an emergency escape plan in your own home and practice it every month. Check smoke detectors monthly. Ring the smoke detector during your drill, and check all smoke alarms monthly. Change the batteries in battery-operated detectors every 6 months (a good time to remember is when you change your clocks in both the fall and spring. Check for the alarms expiry date.



<https://opto.ca/childrens-vision-month-0>

If a child can't see, they can't read. If a child can't read they cannot learn.



It is that time of year again where we need to wear winter clothes one day, and lighter fall clothing the next.

Please remember to dress your child in outdoor clothing appropriate for the weather.

Outside play is part of your child's daily developmental activities.

### Effective Communication

Effective communication between parents/guardians and their educator always involves a two-way sharing of information. It is important to work towards a trusting partnership, which is accomplished through open, honest, and respectful relationships and communication.

When families and educators share information about a child's culture, family life, individual strengths and challenges, it helps to support a child's developmental wellbeing.



#### Ways of Communicating

While there are many ways to communicate; everyone has a style or preference that they like. Emails, meetings, phone calls, texts, notes, face-to-face communication at the door, notes, newsletter, communication books, and blogs or a combination of ways educators and parents/guardians can communicate with each other. While many methods can be used to communicate it is important to discuss what style or preferences work best for both parents/guardians and educators. Whatever way(s) you choose to communicate, regular communication is important.

#### Some Barriers That Might Effect Communication

Styles of communication may vary. Language, understanding each other may pose challenges. Finding the right time to meet or time to talk. Sometimes talking in private with out a child/ren present is appropriate but can be challenging to find time. Your culture or family life may differ from each other and can pose challenges.

***The time invested in working towards open communication benefits everyone.***

Set aside a time to talk with your educator about the best way for you to receive regular information about your child's development and to share information about your child.



**Agency/Consultant Workshops and Trainings**



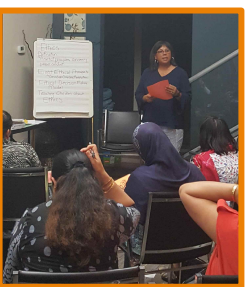
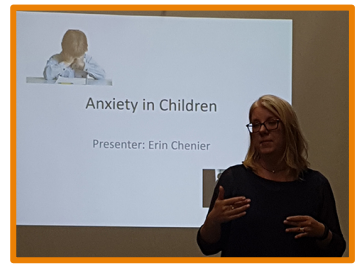
North Edmonton Family Day Home Agency makes a conscious effort to connect with, and learn about a variety of support programs in the community. Support programs are invited to the office where an exchange of information educates us to the services the program offers, which then assists us in offering families appropriate referrals.



**Trauma, PTSD and children in the day care setting.**  
 Presenter Karin Linschoten M.A., CCC. CCC-S  
 Information was shared on post-traumatic stress disorder (PTSD) in refugee children and families who have experienced trauma. Ideas were shared on how to support children and families.

**Educator Workshops**

**Anxiety in Children**  
 Presenter Erin Chenier  
 Information was shared about how to recognize anxiety in children and when to get help. Erin discussed how an educator can support a child with anxiety.



**Professionalism**  
 Presenter Debi Pagee  
 Information was shared about all aspects of professionalism



**Communication With Parents**  
 Presenter Laura Armstrong  
 Information was shared about the importance of open communication with families and the many ways to communication.



A hazard is something a child does not see.  
 A risk is a challenge a child can see and chooses to undertake or not.  
 Eliminating risk leads to a child's inability to assess danger.

